

# Red Sea to the Ten Commandments

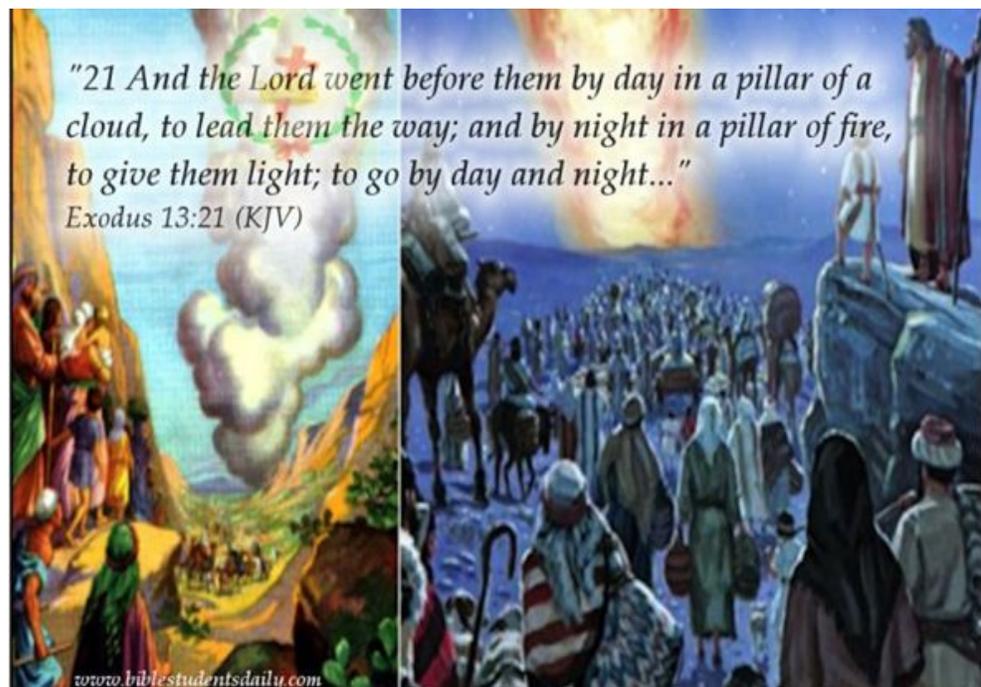
## (craft bag available upon request)

<b>Story</b>	<p>If you are using the films <a href="https://www.youtube.com/watch?v=oosM99f5KeQ">https://www.youtube.com/watch?v=oosM99f5KeQ</a> 13:56 – 23:52</p> <p>The Israelites packed for their long trip. They brought clothes, food, water, blankets and their animals with them. They were going on a very long trip in the desert and they were never coming back to Egypt.</p> <p>Moses and the Israelites did not know how to get to the place where God wanted them to live so Moses asked for God's help. God sent a cloud pillar (show picture) for the people to follow during the day and a fire pillar (show picture) for them to follow at night. When the cloud moved, the people moved. When the cloud stopped, the people stopped. God kept his people safe during their long, long walk. When they got as far as the Red Sea and they were trapped. They couldn't go into the sea and now Pharaoh had changed his mind and had sent his army after the Israelites to bring them back. They cried to Moses and asked what to do. Moses prayed to God and God told Moses to stay there the night and, in the morning, God would provide a way. So, they stayed the night and a pillar of fire stayed between the army and the Israelites to keep them safe while they slept. In the morning, God told Moses to hold his staff out over the water and to the surprise of the Israelites, the water parted so they could cross over safely on dry land. Once they crossed the sea, the fire pillar holding back Pharaoh's army dissolved and they raced after them. Once Pharaoh's army was crossing over the dry seabed, the waves returned and drowned the soldiers. God's people were safe, reminding them that God was always with them.</p> <p>The people were happy for a while but they eventually ate all the food they brought and drank all the water. Now what? They began to complain to Moses that they were hungry. Moses prayed to God and God sent Mana for the people to eat. (manna is small white fluffy bread that they found on the ground when they woke up). This made them happy again. Eventually they began to complain again because they were thirsty. Moses prayed again and God told Moses to hit a big rock with his staff. Moses did what he was told to and water came gushing from the rock. Everyone could fill their jars and have a good drink and were happy again.</p> <p>After a while the people forgot they were God's people and began misbehaving. God spoke to Moses and Moses went into the mountain to meet God one more time. There God created the 10 commandments and wrote them on a stone so everyone could read them.</p> <p>Can you guess what some of them are?</p>
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### Version for Kids

1. Love God more than you love anything else.
2. Do not make other things more important than "God things."
3. Respect God by praying with your whole heart and not making promises you cant keep.
4. Remember to worship and rest on the Sabbath.
5. Love and respect your parents and family.
6. Never hurt anyone.
7. Always be faithful to your husband or wife and in all your sacred commitments.
8. Don't take anything that isn't yours.
9. Always tell the truth.
10. Don't be jealous of others or wish for things you do not need.

### Pictures



# THE TEN COMMANDMENTS **For Kids**



**1**

Love God more than you love anything else.



**2**

Don't make anything in your life more important than God.



**3**

Always say God's name with love and respect.



**4**

Honor the Lord by resting on the seventh day of the week.



**5**

Love and respect your mom and dad.



**6**

Never hurt anyone.



**7**

Always be faithful to your husband or wife.



**8**

Don't take anything that isn't yours.



**9**

Always tell the truth.



**10**

Be happy with what you have. Don't wish for other people's things.

**Engaging**

Below are 3 ways kids can engage in the story.

Craft for  
younger  
children



Supplies:

- Construction paper or card stock
- Plain white paper
- Copy of kids version of 10 Commandments
- Glue
- scissors

Kids cut out two tablets from any colour construction paper/card stock they choose. Shape and size shown in picture.

Then they trace both their hands onto white paper.

Write on each finger one of the commandments.

Carefully cut out the hands

Glue the hands onto the tablets.

## Foil sculpting for older kids



**The sculpture you are to make is a sculpture of YOU** (not Moses) embracing and/or holding up the Ten Commandments. It's a sign of your desire to follow God's rules and hope others will too. Once you have the basic sculpture created, take care to have its shape and pose represent YOU and the message about God's ten rules for your life.

Supplies needed:

- Aluminum foil (about 3 feet per participant)
- Scissors
- Glue stick
- Red paper for hearts
- Thin cardboard or posterboard or foamboard
- Marker to trace the tablets and write on them
- Pliers to bend the wire
- Wire (thin coat hanger wire or electrical "bell" wire). You'll need about 24" of wire per person (which is about three-quarters of a wire coat hanger) to make a 10" high wireframe.

**Preparation:**

- Cut and bend the wireframe ahead of time.
- Cut the tablets out of poster or foam board.



## Tips on Sculpting with Foil for This Project

- Cut and bend the wire using pliers. You can wrap the base in foil too to hide the wire and make it lay flatter. Adjust the tilt and shape of the wire base to accommodate tablets held over the sculpture's head.
- Folding your thin sheets of foil several times will help make them tear-resistant as you wrap and bend them. You can also lay two flat layers of foil together and "scrunch" them onto and around the wire.
- Scrunch additional sheets of foil to fill-out the body, legs, arms, and head, then press and crush the foil at various locations to make the figure look anatomically "correct."
- Make and glue the foil tablets together FIRST so they have some time to dry.
- Create the legs and body first, then fold a long piece to form the arms and fasten it just below the "head" by either tying a half-knot with the arm-foil, or using a second sheet of foil to scrunch around the length of arm-foil to fasten it to the body.
- Make the sculpture's arms extra long so the tablets can be held above the head and the ends of the foil arms can be bent into hands to hold the tablets.
- Apply small personalizing details last to make the sculpture look like you. This can include foil shaped like your hair, or a skirt, or even glasses. The smaller the piece, the harder it will be to make it stick, so instead of trying to attach a small hairpiece, it's easier to add a loose layer of foil around the entire head and scrunch the top of the foil to make it look like hair. The same is true for the hands. It's easier to shape the ends of the arms into hands than it is to try and add small hand-pieces to the arms.



**Attaching the arms can be the trickiest part of sculpting.**

**TIP:** Scrunch and shape the foil AFTER you have created a basic foil figure like this one.

You can twist one long piece of foil around the "shoulders" to create the arms. Or you can wrap and "scrunch" a second foil sheet around the arm piece to "fasten" the arm piece to the body. Experiment!

rotation.org

Remember to make your arms extra long so that the Tablets can be held above the figure's head and the ends of the arm can become hands.



**Your sculpture might need hair and a skirt to look like you!**



**Keeping God's Commandments in our heart, at home, at school, at work, wherever and always.**



**Wrap the base wire with foil to make it look nice and not wobble.**

## Sand Story bottle

Kids will create a personal **sand-story in a bottle** whose layers, colors, help tell the Exodus story and "bottle" it's meaning.

**Lesson Objectives** to make story bottles so kids can tell the story of the journey of the Israelites by pointing to the layers in the bottles.

### Preparation and Materials

- Gather the colored sand, preferably: white, light brown,(supplied for you) (red glitter is supplied for the red sea and silver glitter is supplied for the pure water from the rock).
- For God's thin "white" layers of sand is used, God is good!
- 1 tsp for measuring (use an actual tsp for baking)
- For manna - lots of white hole-punch dots. (you can do this)
- Glue to seal the bottle closed so no messes later
- Funnels, spoons, shish-kabob sticks, for pouring/manipulating sand.
- Use paper or construction paper to tape to the bottom of the bottle so students are less likely to knock them over while adding sand (its easy to do). You can also temporarily tape the bottles directly to the table with sturdy packing tape.
- Optional: Canvas tarp to cover table and make clean-up easy.

**How to:** Using the teaspoon add each layer to your jar in the order below.

### Scripture and Sands "Script"

#### Layer 1: Egypt

**Summarize** what the Hebrews were doing there and why they wanted to leave.

Add the **BROWN** sand to the bottom of the bottle.

#### Layer 2: Let My People Go

**Summarize the first part of the Exodus story** noting that God heard the people's cry, recruits Moses through the Burning Bush and sends Moses to Pharaoh, saying, "Let My People Go."

Add a layer of **WHITE** sand over the brown sand to represent God's intervention. (the plagues)

### Layer 3: The Red Sea

Layer in the **RED** glitter to represent the Red Sea. (The water is not red but the colour of the glitter reminds us the name of the Sea).

You can now also add a layer of **WHITE** sand on top of it –representing God's rescue by separating the waves.

### Layer 4: Manna from Heaven

Add a layer of **BROWN** sand to represent the desert and lack of food and the people complained to Moses they were hungry.

Then ask your kids about manna and if they remember it from the story.

Add a layer of the **white hole-punch dots** you have made. **(the manna is white also representing God providing for their needs)** Note that "manna" has become a word for "blessing" and ask students what "blessings" God has rained down on us.

### Layer: Water from the Rock

Remind the kids about this portion of the story when the people complained they were thirsty.

Add a layer **SILVER** glitter inside their bottle representing the clear water that gushed from a rock when God told Moses to strike the rock with his staff.

Top your bottle with **WHITE** sand, because God provided again for God's people and that God still provides for us today.